

BY MONIQUE

Custom Press-on Nails

- ☎ 0449 024 551
- @ bymonique__
- ✉ bymonique@outlook.com.au



How to measure your nail bed

What you'll need:

- Clear tape
- Pen/marker
- Scissors
- Ruler

1. Cut tape to over hang the sides of your nails and place on nail bed at its widest part. (roughly the middle)
2. Draw a line on tape down each side wall of your nail bed, this will give you the width of your nail.
3. Remove tape and place on ruler starting with drawn line at an CM increment, count the number of lines until your next drawn line.
4. Write down your measurement in MM for the corresponding nail to your right.

Measurements in MM

Right

Left

_____	Thumb	_____
_____	Index	_____
_____	Middle	_____
_____	Ring	_____
_____	Pinky	_____

Send a photo of your measurements and any designs you'd like!